

THE PRESENT AND FUTURE OF REPRODUCTIVE HEALTH IN CENTRAL ASIA

Annual International Scientific and Practical Conference

October 9–10, 2026 · Astana · Wyndham Garden Astana Hotel

25 Hussein bin Talal St., 010000, Astana, Kazakhstan

October 9 · Friday

08:00–09:00 · Registration of participants

Press conference for journalists

Opening of the Conference

Welcome addresses

09:00–09:20

Room 1

Welcome addresses

A.M. Doschanova, President of the Republican Alliance of Associations for the Reproductive Potential of the Population of Kazakhstan

N.M. Petukhova, Chair of the Public Council of the MOH of the RoK

M.Kh. Yembergenova, Director of the Department of Maternal and Child Health of the MOH of the RoK

G.T. Dosmyrzayeva, Deputy Head of the Public Health Department of the Akimat of Astana

Plenary Session No. 1

Reproductive Health, Reproductive Potential

Moderators: A.M. Doschanova, V.N. Lokshin

09:20–12:00

Room 1

09:20–09:40	“The Nation’s Reproductive Health Is an Indicator of a Country’s Prosperity” Aikerm Mzhaverovna Doschanova — Doctor of Medical Sciences, Professor, President of the Republican Alliance of Associations for the Reproductive Potential of the Population of Kazakhstan, Founder of the Kazakhstan School (Society) of Endometriosis, Astana, Kazakhstan
09:40–10:00	“The Future of Reproductive Medicine” Vyacheslav Notanovich Lokshin — Doctor of Medical Sciences, Professor, Academician of the National Academy of Sciences of the RoK, President of KARM, Almaty, Kazakhstan
10:00–10:20	“Reproductive Potential: Current Challenges and Solutions” Tamara Muftakhovna Dzhussubaliyeva — Candidate of Medical Sciences, President of IRM Clinic Group, WHO Expert on Reproductive Health, Almaty, Kazakhstan
10:20–10:40	“International Expert Opinion and Recommendations on Microscopic and Asymptomatic Endometriosis” Khlaf Al-Jefout Moamar Ibrahim — Professor, Reproductive Medicine and Endoscopic Surgery, United Arab Emirates University, Ex-President of the Asian Society of Endometriosis and Adenomyosis, UAE
10:40–11:00	“Obesity as a Factor Affecting the Reproductive Potential of Men and Women” Alisher Saugabayevich Idrissov — Doctor of Medical Sciences, Associate Professor of the Department of Family Medicine No. 2, Astana Medical University (AMU) NJSC, Astana, Kazakhstan
11:00–11:20	“Personalised Approach to the Management of Endometriosis. Clinical Experience with Dydrogesterone” Engin Oral — Professor, Obstetrician-Gynaecologist, Endometriosis Specialist, Board Member of the World Endometriosis Society (WES), Founder of the Turkish Society of Endometriosis and Adenomyosis, Turkey
11:20–11:40	“Reproductive Health of Adolescent Girls in the Republic of Kazakhstan: Modern Approaches to Early Diagnosis and Prevention of Disorders” Aigul Talgatovna Terlikbayeva — Candidate of Medical Sciences, PhD, Obstetrician-Gynaecologist, Deputy Chair of the Management Board for Science and Strategic Development, Scientific Center of Obstetrics, Gynecology and Perinatology JSC, Astana, Kazakhstan
11:40–12:00	Questions and answers. Discussion

Sectional Meetings

12:20–14:20

ROOM 1

Section 1 · Clinical Aspects of Reproductive Medicine: from Puberty to Menopause/Andropause

Moderators: Zh.U. Sultanova, N.A. Kabildina

12:20–12:35	“PMOS in Adolescents” Zhanat Umirzakovna Sultanova — Doctor of Medical Sciences, Obstetrician-Gynaecologist of the highest category, Professor of the Department of Obstetrics and Gynaecology, KazNMU NJSC, Almaty, Kazakhstan
12:35–12:50	“Epidemiology and Principles of Treatment of Ovarian Neoplasms in Girls through the Prism of Generational Change” Elmira Maratovna Zulkarneyeva — Candidate of Medical Sciences, Associate Professor of the Department of Obstetrics and Gynaecology No. 1, Bashkir State Medical University, Ufa, Russia
12:50–13:05	“Management of Adnexal Masses in Adolescent Girls” Yelena Vladimirovna Luschayeva — Gynaecologist, UMC Corporate Fund, Chief Freelance Paediatric Gynaecologist of the MOH of the RoK, Astana, Kazakhstan
13:05–13:20	“Large and Giant Tumours in Girls. How to Preserve the Ovary?” Sofiya Yuryevna Muslimova — Doctor of Medical Sciences, Associate Professor of the Department of Obstetrics and Gynaecology No. 1, Bashkir State Medical University, Ufa, Russia
13:20–13:35	“Mastalgia in Girls during Puberty: Balancing Efficacy and Safety” Nailya Amirbekovna Kabildina — Candidate of Medical Sciences, Professor, Head of the Department of Oncology and Radiation Diagnostics, Karaganda Medical University, Oncologist-Mammologist, Surgeon of the highest category, Karaganda, Kazakhstan
13:35–13:50	“Glucocorticoids or Regenerative Medicine? What to Prefer in the Treatment of Lichen Sclerosus in Girls” Lina Khalimovna Lukmanova — Head of the Gynaecological Department (Paediatric Gynaecology), MRRIOG named after Academician V.I. Krasnopol'sky, Chief Freelance Specialist in Paediatric and Adolescent Gynaecology of the Ministry of Health of the Moscow Region, Moscow, Russia

ROOM 2

Section 2 · Endometriosis and Reproductive Health

Moderators: T.M. Dzhussubaliyeva, A.S. Tuletova

12:20–12:35	“Clinical Efficacy of Alternative Therapy for Adenomyosis” Aikerm Mzhaverovna Doschanova — Doctor of Medical Sciences, Professor, President of the Republican Alliance of Associations for the Reproductive Potential of the Population of Kazakhstan, Founder of the Kazakhstan School (Society) of Endometriosis, Astana, Kazakhstan
12:35–12:50	“Comparison of Preoperative Ultrasound Diagnosis of Endometriosis with Intraoperative Findings” Yulia Igorevna Sopova — Candidate of Medical Sciences, Research Fellow of the Department of Operative Gynaecology with Oncogynaecology, MRRIOG, Moscow, Russia
12:50–13:05	“Quality of Life in Patients with Endometriosis: Chronic Pelvic Pain and Psychological Aspects” Balkenzhe Zharkemovna Imankulova — Candidate of Medical Sciences, Associate Professor, Obstetrician-Gynaecologist of the highest category, MBA, Clinical Academic Department of Women's Health, UMC Corporate Fund, Astana, Kazakhstan
13:05–13:20	“Personalised Approach to the Management of Patients with Endometriosis: Science and Practice” Ainur Serikbayevna Tuletova — PhD, Associate Professor, Obstetrician-Gynaecologist of the highest category, President of the Endometriosis Alliance Kazakhstan, Astana, Kazakhstan
13:20–13:35	“Management of Infertility in Endometriosis” Balkenzhe Zharkemovna Imankulova — Candidate of Medical Sciences, Associate Professor, Obstetrician-Gynaecologist of the highest category, MBA, Clinical Academic Department of Women's Health, UMC Corporate Fund, Astana, Kazakhstan
13:35–13:50	“Reproductive Outcomes after Surgical Treatment of Genital Endometriosis” Farida Azimovna Kussainova — Candidate of Medical Sciences, Obstetrician-Gynaecologist of the highest category, Surgeon of the Department of Operative Gynaecology, IRM Clinic Almaty, Associate Professor of the Department of Obstetrics and Gynaecology with a Course of Clinical Genetics, Asfendiyarov KazNMU NJSC, Almaty, Kazakhstan

13:50–14:05	“Premature Ovarian Insufficiency: Review, Key Points, Implementation into Practice” Galina Aleksandrovna Grebennikova — PhD, Obstetrician-Gynaecologist, IRM Clinic Almaty, Executive Director of KMPA, Member of the National Commission for Women, Family and Demographic Policy under the President of the RoK, Almaty, Kazakhstan	13:50–14:05	“Endometriosis of a Cutaneous Scar” Akbota Yerlankyzy Yerlan — Obstetrician-Gynaecologist, Ecomed Plus LLP, Astana, Kazakhstan
14:05–14:20	“Sexual Life after Childbirth: Causes of Disorders and Modern Methods of Recovery” Indira Muratovna Khairusheva — Obstetrician-Gynaecologist of the highest category, Head of the Department of Aesthetic Gynaecology, Tulip Medicine Clinic, Astana, Kazakhstan	14:05–14:20	Questions and answers. Discussion
14:20–14:35	“Experience with Semaglutide in Preparing Patients with Metabolic Syndrome for IVF. Clinical Cases” Aislu Amangeldiyevna Klenova — Gynaecologist, Ecolife Clinic, Astana, Kazakhstan		

14:35–15:00 · Lunch

Sectional Meetings		15:00–17:00	
ROOM 1 Section 1 · Women’s Health in and outside Pregnancy Moderators: S.S. Isakov, B.K. Karimsakova		ROOM 2 Section 2 · Clinical Aspects of Reproductive Medicine: from Puberty to Menopause/Andropause Moderators: A.T. Terlikbayeva, K.Zh. Khalmuratova	
15:00–15:15	“The Female Heart under Pressure: from Pregnancy to Menopause. Arterial Hypertension and Cardiovascular Risk at Different Stages of a Woman’s Life” Gaukhar Tleubekkyzy Igimbayeva — Candidate of Medical Sciences, Associate Professor, Cardiologist of the highest category, Director of the Karaganda Branch of the Association of Cardiologists of Kazakhstan, Karaganda, Kazakhstan	15:00–15:15	“Alternative Therapy of Endometriosis: from Mechanisms to Clinical Application” Ainur Serikbayevna Tuletova — PhD, Associate Professor, Obstetrician-Gynaecologist of the highest category, President of the Endometriosis Alliance Kazakhstan, Astana, Kazakhstan
15:15–15:30	“Between Scylla and Charybdis: Current Dilemmas of Caesarean Section” Serik Sayatovich Isakov — Candidate of Medical Sciences, Professor, Head of the Department of Obstetrics and Gynaecology No. 2, AMU NJSC, Astana, Kazakhstan	15:15–15:30	“Oxidative Stress and Female Fertility: Clinical Significance and Options for Correction” Galina Aleksandrovna Grebennikova — PhD, Obstetrician-Gynaecologist, IRM Clinic Almaty, Executive Director of KMPA, Member of the National Commission for Women, Family and Demographic Policy under the President of the RoK, Almaty, Kazakhstan
15:30–15:45	“How to Maintain Early Pregnancy to Improve Pregnancy Outcomes and Preserve Reproductive Health” Aikerm Mzhaverovna Doschanova — Doctor of Medical Sciences, Professor, President of the Republican Alliance of Associations for the Reproductive Potential of the Population of Kazakhstan, Founder of the Kazakhstan School (Society) of Endometriosis, Astana, Kazakhstan	15:30–15:45	“Thyroid and Glycaemic Phenotypes of the Climacteric Syndrome: Endocrine Aspects of the Menopausal Transition” Karlygash Zholdassovna Khalmuratova — Master of Medicine, Docent of the Department of Obstetrics and Gynaecology No. 2, AMU NJSC, Astana, Kazakhstan

15:45–16:00	“Operative Deliveries and Obstetric Manipulations. What Lies behind Their Increase?” Olga Vladimirovna Vaskovskaya — MBA, Obstetrician-Gynaecologist of the highest category, Deputy Director for Obstetrics and Gynaecology, Multidisciplinary City Hospital No. 3, Astana, Kazakhstan	15:45–16:00	“Cervical Pathology and a Woman’s Reproductive Potential: Current Aspects of Diagnosis and Treatment” Yelena Pavlovna Disyukeeva — Candidate of Medical Sciences, Obstetrician-Gynaecologist of the highest category, Assistant of the Department of Obstetrics and Gynaecology No. 2, AMU NJSC, Chair of the Central Asian Society for Colposcopy and Cervical Pathology, Astana, Kazakhstan
16:00–16:15	“Caesarean Section in Modern Obstetrics” Raikhan Smakhanovna Skakova — Candidate of Medical Sciences, Associate Professor, Docent of the Department of Obstetrics and Gynaecology, KazNMU NJSC, Almaty, Kazakhstan	16:00–16:15	“Prescribe Not Cancel’: When and Where to Put the Comma?” Tatyana Valeryevna Kim — Candidate of Medical Sciences, Obstetrician-Gynaecologist, Reproductive Specialist, Astana ECOLIFE LLP, Astana, Kazakhstan
16:15–16:30	“Personalised Management of Reproductive Health in Extragenital Pathology. A Paradigm Shift: from Empirical Prohibitions to Precise Mathematical Risk Management” Beibigul Koptleuovna Karimsakova — Candidate of Medical Sciences, Obstetrician-Gynaecologist of the highest category, Professor of the Department of General Medical Practice No. 1, Marat Ospanov West Kazakhstan Medical University NJSC, Aktobe, Kazakhstan	16:15–16:30	“Fertility without a Deadline: Current Options for Oocyte Cryopreservation” Gulnara Ospanovna Bekenova — Master of Medicine, Obstetrician-Gynaecologist of the highest category, Reproductive Specialist, Medical Director for ART, IRM Clinic, Astana, Kazakhstan
16:30–16:45	“When Should a Pregnant Woman Be Operated On? Clinical Cases of Surgical Treatment of Ovarian Cysts during Pregnancy” Islam Nematzhanovich Karimzhanov — Gynaecologic Surgeon, IRM Clinic, Astana, Kazakhstan	16:30–16:45	“Genital Prolapse and Stress Urinary Incontinence in Women: Modern Approaches to Diagnosis, Treatment and Preservation of Quality of Life” Aliya Onalbayevna Meirmanova — PhD, Assistant Professor, Obstetrician-Gynaecologist, Almaty, Kazakhstan
16:45–17:00	“Blood Parameters Predicting Non-Developing Pregnancy” Aidos Yerzhanuly Rakhimov — Doctoral Student, Higher School of Public Health, Assistant of the Department of Obstetrics and Gynaecology, Kazakhstan-Russian Medical University, Almaty, Kazakhstan	16:45–17:00	“Menopause after Cancer: Who Can Receive Hormone Therapy and When?” Fatima Dautovna Kassymbekova — PhD, Obstetrician-Gynaecologist of the highest category, Assistant of the Department of Obstetrics and Gynaecology, KazNMU NJSC, Almaty, Kazakhstan

Sectional Meetings		17:00–19:30	
ROOM 1 Section 1 · Genetic, Social and Legal Aspects of Reproductive Medicine Moderators: G.Zh. Abildinova, L.R. Chalova		ROOM 2 Section 2 · Pathology of the Reproductive Organs and the Male Reproductive System Moderators: A.M. Nurberdiyev, R.A. Zhankina	
17:00–17:15	“Gene Diagnosis of Human Papillomavirus Infection in Women with Various Pathologies of the Reproductive System” Gulshara Zhussupovna Abildinova — Doctor of Medical Sciences, Professor, Chief Freelance Geneticist of the Republic of Kazakhstan, Astana, Kazakhstan	17:00–17:15	“SVF Therapy in the Treatment of Non-Obstructive Azoospermia: Modern Approaches and Prospects” Nurbol Medetkhanovich Keulimzhayev — Urologist, Assistant and Doctoral Student of the Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
17:15–17:30	“Personalised Reproductive Strategy in the Era of PGT: from Genetic Risk to the Birth of a Healthy Child” Aigul Zheksenbayevna Myrzabekova — Candidate of Medical Sciences, Associate Professor, Professor of the Department of Obstetrics and Gynaecology No. 1, AMU NJSC, Director of Science, IRM Clinic Astana, Astana, Kazakhstan	17:15–17:30	“The Effect of Varicocele on Spermatogenesis and Male Reproductive Function” Arman Yessenuly — Urologist-Andrologist, Ecomed Clinic, Astana, Kazakhstan

17:30–17:45	“Legal and Social Aspects of Reproductive Medicine in the Republic of Kazakhstan” Leila Rashidovna Chalova — PhD, Chief Physician of Health and Science Center M1, Chief Freelance Reproductive Specialist of Astana, Astana, Kazakhstan	17:30–17:45	“Male Fertility at +40 °C: Heat, Spermatogenesis and a New Climate Risk for Central Asia” Dinmukhamed Nurbolatuly Bekturgan — Second-Year Resident, Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
17:45–18:00	“Prevention of Non-Communicable Diseases as an Innovative Approach to Preserving the Reproductive Health and Active Longevity of the Nation” Irina Aleksandrovna Tuktarova — Nutritionist, Head of the HealthyPro International Disease Prevention Project, Yekaterinburg, Russia	17:45–18:00	“Semen Analysis from A to Z” Aleksey Nikolayevich Sukhoteply — Second-Year Resident, Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
18:00–18:15	“Modern Approaches to Early Prenatal Diagnosis of Fetal Aneuploidies” Leila Olzhabayevna Myrzabekova — Obstetrician-Gynaecologist, Doctoral Student, Semey Medical University NJSC, Pavlodar, Kazakhstan	18:00–18:15	“The Role of Vitamin D in Male Reproductive Health” Vyacheslav Aleksandrovich Nikolayev — Second-Year Resident, Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
18:15–18:30	“Genetic Causes of Infertility in Men and Women: An Algorithm for Clinical and Genetic Diagnosis” Assel Ulanbekovna Arginbekova — PhD, Geneticist, Department of the Republican Medical Genetic Consultation, Scientific Center of Obstetrics, Gynecology and Perinatology, Almaty, Kazakhstan	18:15–18:30	“Modern Approaches to the Use of PDE-5 Inhibitors in the Treatment of Psychogenic Premature Ejaculation” Daryn Darkhanuly — Second-Year Resident, Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
18:30–18:45	“Clinical and Embryological Characteristics of IVF Programmes in Women with Endometriosis-Associated Infertility” Assem Sagimbekovna Aketayeva — PhD, Obstetrician-Gynaecologist, Reproductive Specialist, IRM Clinic, Astana, Kazakhstan	18:30–18:45	“Disorders of Male Orgasm and Ejaculation: Premature Ejaculation, Delayed Ejaculation, Anejaculation and Anorgasmia” Assan Gabitovich Serkebayev — Second-Year Resident, Department of Urology and Andrology, AMU NJSC, Astana, Kazakhstan
18:45–19:00	“A Modern Algorithm for the Diagnosis of Azoospermia: from Hormonal Examination to Micro-TESE” Yevgeniya Vasilyevna Lapina — Urologist-Andrologist, IRM, Astana, Kazakhstan		
19:00–19:15	“Optimisation of Ejaculate Cryopreservation and Processing: A Comparative Study” Lukpan Yerlanuly Yersin — Master of Medicine, Embryologist, Astana ECOLIFE LLP, Astana, Kazakhstan		

19:30 · End of Day 1

Sectional Meetings

09:00–11:00

ROOM 1

Reproductive Medicine: from Evidence to Practice

Moderators: S.B. Baikoshkarova, A.K. Ibragimov

09:00–09:15 “How a New Understanding of the Disease Changes ART Preparation and the Management of Patients with PMOS”

Danat Amirovich Zhantagulov — Head of the Department of Reproductology, Reproductive Specialist, Astana, Kazakhstan

09:15–09:30 “Oocyte Banking after 38: Strategy, Hope or an Illusion of Control?”

Dinara Baigazyevna Makhadiyeva — Master of Public Health, PhD, Reproductive Specialist, Astana, Kazakhstan

09:30–09:45 “A Combined Approach to the Treatment of Thin Endometrium Using Ultrasound Cavitation and PRP”

Makpal Amangeldiyevna Nesipbek — Reproductive Specialist, Astana, Kazakhstan

09:45–10:00 “Clinical Decisions in Severe Male Infertility”

Shyngys Algeluly Silamkanov — Andrologist, Astana, Kazakhstan

10:00–10:15 “Pregnancy Management after ART in Patients over 40”

Akbota Yerlankyzy Yerlan — Obstetrician-Gynaecologist, Astana, Kazakhstan

10:15–10:30 “IVF Add-ons in 2026: Evidence-Based Medicine versus Myths and Commercialisation”

Islam Daurenovich Yergaliyev — Master of Medicine, Reproductive Specialist, Astana, Kazakhstan

10:30–10:45 Questions and answers. Discussion

ROOM 2

Innovative Teaching Method in Obstetrics and Gynaecology

Moderator: Z.G. Khamidullina

Participants: obstetrics and gynaecology residents, teaching staff

09:00–10:30 “New Teaching Methodology”

Khlaif Al-Jefout Moamar Ibrahim — Professor, Reproductive Medicine and Endoscopic Surgery, United Arab Emirates University, Ex-President of the Asian Society of Endometriosis and Adenomyosis, UAE

10:30–11:00 Questions and answers. Discussion

Discussion Clubs

11:00–12:00

ROOM 1

Discussion Club – Expert Opinion

How to Reduce Obstetric and Postoperative Complications.
Discussion on reducing the rates of sepsis, obstetric haemorrhage and organ-removing surgery

Moderator: A.M. Doschanova – Independent Expert of Medstandart kz LLP

Experts:

G.B. Bapayeva – Chief Freelance Obstetrician-Gynaecologist of the MOH of the RoK

T.M. Ukybassova – Leading Research Fellow, UMC

Z.G. Khamidullina – Chief Freelance Obstetrician-Gynaecologist of the Health Department of Astana

S.S. Isakov – Head of the Department of Obstetrics and Gynaecology No. 2, AMU NJSC

Zh.U. Sultanova – Professor of the Department of Obstetrics and Gynaecology, KazNMU NJSC

B.K. Karimsakova – Professor of the Department of General Medical Practice No. 1, Marat Ospanov WKMU NJSC

Decision-making followed by discussion in the relevant professional associations

ROOM 2

Discussion Club – Round Table (KMPA)

How to Improve the Reproductive Health and Sexual Behaviour of Adolescents

Moderators: N.M. Petukhova, President of the KMPA Branch, Chair of the Management Board of the Eurasian Medical Association;
G.A. Grebennikova, Executive Director of KMPA

Participants: members of the KMPA Astana Branch

12:00–12:45 · Coffee Break

Plenary Session No. 2

Reproductive Health – an Indicator of the Nation's Active Longevity

Moderators: G.B. Bapayeva, Khlaf Al-Jefout Moamar Ibrahim

12:45–15:30

Room 1

12:45–13:05 “Placenta Praevia and Placenta Accreta. Modern Approaches”

Gauri Billakhanovna Bapayeva – Doctor of Medical Sciences, Professor, Chief Freelance Obstetrician-Gynaecologist of the RoK, Director of the Women's Health Department, UMC, Astana, Kazakhstan

13:05–13:25 “Modern Approaches to Reducing Maternal and Perinatal Risks: The Capital's Experience of Patient Routing and Multidisciplinary Management”

Zaituna Gadilovna Khamidullina – Head of the Department of Obstetrics and Gynaecology No. 1, AMU NJSC, PhD, Professor, Chair of the Public Association “Federation of Obstetricians and Gynaecologists”, Health Department of Astana, Astana, Kazakhstan

13:25–13:45 “Ovarian Cancer in Women with Endometriosis”

Khlaf Al-Jefout Moamar Ibrahim – Professor, Reproductive Medicine and Endoscopic Surgery, United Arab Emirates University, Ex-President of the Asian Society of Endometriosis and Adenomyosis, UAE

13:45–14:05 “HPV Vaccination as a Strategy for Women's Reproductive Potential: Data from Kazakhstan and Central Asia”

Lazat Kenzhebekovna Smailova – PhD, MS, Associate Professor of the Department of Obstetrics and Gynaecology No. 2, Astana Medical University NJSC, Astana, Kazakhstan

14:05–14:25 “Abnormal Uterine Bleeding in the Republic of Kazakhstan: Current Epidemiological Characteristics. Dynamics and Structure”

Talshyn Mukadessovna Ukybassova – Doctor of Medical Sciences, Professor, Obstetrician-Gynaecologist of the highest category, Leading Research Fellow, UMC, Astana, Kazakhstan

14:25–14:45 “AUB-O: Issues of Diagnosis and Regulation of the Menstrual Cycle”

Aikerm Mzhaverovna Doschanova – Doctor of Medical Sciences, Professor, Obstetrician-Gynaecologist of the highest category, President of the Republican Alliance of Associations for the Reproductive Potential of the Population of Kazakhstan, Astana, Kazakhstan

14:45–15:05 “Menopausal Hormone Therapy and Breast Cancer Risk: A Modern View of the Problem”

Aigul Demeugaliyevna Brimova – PhD, Oncologist-Mammologist-Chemotherapist, Physician of the highest category, Umit International Oncology Tomotherapy Centre JSC, Astana, Kazakhstan

15:05–15:25 “The Role of the Gut Microbiota in Shaping the Health and Active Longevity of the Nation”

Zhandarbek Mukhtarovich Bekshin – Candidate of Medical Sciences, General Director of Republican Collection of Microorganisms LLP, KazBioPharm Holding of the MOH of the RoK, Astana, Kazakhstan

15:25–15:30 Questions and answers. Discussion

15:30–16:00 · Closing of the Conference. Group Photo